

# An Introduction to NARM™

The NeuroAffective Relational Model™ for Working with Attachment, Relational and Developmental Trauma



With Stefanie Klein, LCSW

The next phase of healing trauma is here. In fact, if you have been introduced to the ACEs (Adverse Childhood Experience) Study, you already know how essential it is to recognize and work with the developmental and relational wounds we all have experienced.

The **NeuroAffective Relational Model™ (NARM™)** is a cutting-edge model for addressing adverse childhood experiences (ACEs), supporting affect regulation and resolving complex trauma (C-PTSD).

This educational and experiential workshop is designed to provide relevant theory and skills to anyone working with complex trauma. This integrative clinical approach weaves together a somatic/ body-based perspective (bottom-up) with psychodynamic inquiry (top-down), in the context of a complex, psychobiologically-driven relational framework.

We will explore the distinction between shock & developmental trauma, the role of toxic shame, the five adaptive survival styles and their corresponding identifications, basic NARM clinical skills, and learn from NARM demo sessions.

## TO REGISTER

<https://narmintroarizonaaug16.eventbrite.com>

Email: [admin@narmtraining.com](mailto:admin@narmtraining.com)  
Phone: (707) 621-8945

Stefanie Klein is a Licensed Clinical Social Worker, Somatic Experiencing Practitioner, NARM Master Practitioner and NARM faculty member. She has been in private practice in Los Angeles, California for the past 24 years with a focus in the past 12 years on developmental and complex trauma. Stefanie has found NARM to be an extremely effective model for working with attachment, relational and developmental trauma. She has also experienced and witnessed first hand how personally transformational the NARM Training has been for the many practitioners who have participated thus far. She is excited to share the NARM approach with anyone looking to have more ease and be more effective in their practice.

## PHOENIX WORKSHOP

**Friday - August 16, 2019**

**Beyond Excellence Counseling**

15455 N Greenway Hayden Loop C-9  
Scottsdale, AZ 85260

9:00 AM - 12:00 PM

Standard Price: \$75

Student/Intern: \$50

Early Bird Price: \$60

Early Bird Registration ends July 15, 2019.  
3 CEUs available at additional cost.